



## The Power of Language Quiz

Often times, we do not realize The Power of Language in Documentation. Here is an exercise that gets you to think of how to be more recovery focused in your documentation.

Directions: For each word/phrase, try to identify a more strengths-based term or phrase (*this isn't an all-inclusive list*).

<b>Deficit-based Language</b>	<b>Strengths-based, Recovery-oriented Alternative</b>
Suffering from	
Acting out	
An Addict/junkie	
A schizophrenic, a Borderline	
Maintaining clinical stability/abstinence	
Individual is paranoid	
Individual is non-compliant	
Drug Abuse	
Committed Suicide	
Individual is a frequent flyer	

Food for thought:

- What types of messages might be communicated by the language on the left?
- Are there other words/phrases in your documentation and/or language that you would like to change? Why?